



News Release

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FOR IMMEDIATE RELEASE

City of Las Vegas January 2006 Recreation/Sports Activities

(All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities. Most facilities will be closed January 2 and 16.)

LEAGUES, SPORTS & SWIMMING (ALL AGES)

Sports Galore

Fees: vary; some are free with membership.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Dula offers bowling at Jerry's Nugget; pickle ball, table tennis, bocce, golf, paddle tennis, basketball, volleyball, hiking and weight training. Call for days and times.

Youth Gymnastics (ages 18 months-14 years)

Days and times vary according to age and level of achievement.

Fee: \$29, \$34 or \$42, depending on age and class frequency.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

For beginners through Level 8 recreational gymnasts, includes tumbling, balance beam, mini trampoline, vault and uneven bars.

Tot Sports (ages 2-6)

Wednesdays – Basketball, Football, T-Ball

Mondays – Soccer and Variety Sports/Games

Fee: \$29

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Times vary with age and sport. Parents participate with 2- and 3-year-old children.

Free Bocce & Horseshoes Groups (ages 50+)

Bocce Mondays and Wednesdays, 10 a.m. to noon.

Horseshoes Tuesdays and Thursdays, 10 a.m. to noon.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Red Cross Lifeguard Training (ages 15+)

Monday through Friday, January 2-13 and January 16-27; 4:30-8:30 p.m.

Fee: \$90 for 40 hours

Municipal Pool, 431 East Bonanza Road, (702) 229-6309.

Earn Lifeguard, First-Aid and CPR for the Professional Rescuer certifications.

Over 30 Basketball League (ages 30+)

Tuesdays at 6:30 p.m., beginning February 7. Register January 3-12.

Fee: \$300 per team plus \$25 officials' fees per game.

Charleston Heights Community School, 6438 Celeste, (702) 878-8644.

Men's Church Basketball League (ages 18+)

Fridays and Saturdays, beginning January 6. Registration December 12-30.

Fee: \$200 per team, plus officials' fees.

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

19th Annual Youth Basketball League (ages 7-13)

Registration limited to first 10 teams in each division. Play begins Jan. 7.

Fee: \$250 per team, plus officials' fees.

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

Divisions are by school grade: 2-3; 4-5; and 6. Coaches' meeting January 4 at 6 p.m.

Fencing (ages 7-14)

Mondays, 4 to 5 p.m., January 9 to February 13.

Fee: \$32, equipment supplied.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Youth learn fundamentals in a fun environment, ending session with a tournament.

Tae Kwon Do (ages 4-adult)

Mondays and Wednesdays, January 9 to February 15;

5:30 to 6:20 a.m. for ages 4-6; 6:30-8:30 ages 7-adult.

Fee: \$42 ages 4-6; \$90 ages 7-adult

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Learn self-discipline, citizenship and values from James Byers of High Desert Tae Kwon Do.

Girls Ballin' Outwest Basketball League (ages 6-11)

Mondays and Wednesdays, beginning January 9. Registration through December 30.

Fee: \$50 per player, includes team T-shirt

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Teens Ballin' Outwest Boys Basketball League (ages 13-18)

Tuesdays and Thursdays, beginning January 10. Registration through December 30.

Fee: \$50 per player, includes team T-shirt.

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Men's Adult Basketball League

Saturdays, beginning January 14. Time to be determined.

Fee: \$200 per team, plus officials' fees. Register in advance. Trophies for 1st and 2nd place.

Brinley Community School, 6150 Smoke Ranch Road, (702) 646-9046.

Gibson Community School, 3990 W. Washington Avenue, (702) 229-5096.

Recreational Youth Winter Basketball League (ages 5-12)

Saturdays, beginning January 14.

Fee: \$65, includes uniform shirt and officials' fees. Pictures packages are optional.

Boys and girls participate in this eight-week league in age divisions 6-under, 7-8, 9-10 and 11-12 years. Volunteer coaches are needed. Multiple locations.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Gibson Community School, 3990 West Washington Avenue, (702) 229-5096.

Lied Community School, 5340 West Tropical Parkway, (702) 229-5072.

Molasky Community School, 7801 West Gilmore, (702) 229-5345. Skills Day Feb. 19.

Robison Community School, 4794 Harris Avenue, (702) 229-2542.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Recreational Youth Basketball League (ages 6-17)

Saturdays, beginning January 14. Registration through January 6.

Fee: \$65, includes T-shirt.

Becker Community School, 9110 Hillpointe Road, (702) 229-2482.

Brinley Community School, 6150 Smoke Ranch Road, (702) 646-9046.

Gibson Community School, 3990 West Washington Avenue, (702) 229-5096.

Youth will learn fundamentals and improve their skills in team play by age group (6-8, 9-11, 12-14, 15-17). Games will be held at Brinley and Gibson Community Schools. Volunteer coaches needed.

Biddy Sports Basketball (ages 2-5)

Saturdays, beginning January 14; 9-9:45 a.m. for ages 2-3; 10-11 a.m. for ages 4-5.

Fee: \$30 for ages 2-3, \$45 for ages 4-5, for six-week sessions.

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Biddyball Basketball (ages 5-7)

Saturdays, beginning January 21. Registration through December 30. Skills clinic January 7.

Fee: \$45 per player, includes team T-shirt

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Red Cross Lifeguard Re-certification Training (ages 15+)

Saturday, January 28, 8 a.m. to 5 p.m.

Fee: \$35

Municipal Pool, 431 East Bonanza Road, (702) 229-6309.

Earn re-certification. Must have current certifications in Lifeguard Training and CPR.

Coed Volleyball League (ages 16+)

Thursdays, time to be determined

Fee: \$150 per team

Cadwallader Community School, 7775 Elkhorn Road, (702) 229-1633.

Call Ken at 229-6307 for information on this recreational indoor league.

Municipal Pool Activities (ages 2-adult)

Municipal Pool, 431 East Bonanza Road, (702) 229-6309.

Available activities year-round include synchronized swimming; lifeguard training; Boy Scout merit badge training in swimming, first aid and lifesaving; water safety and lifeguard training for instructors; learn-to-swim classes, water aerobics, arthritis water exercise, and aquatic therapy for stroke patients and those with other functional deficits. Fees vary.

Free Open Table Tennis (ages 50+)

Monday through Friday, 12 to 2 p.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Mondays and Wednesdays, 9 to 11 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Mondays and Wednesdays, 8:30 to 11:30 a.m.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Free Basketball (ages 50+)

Monday through Friday, noon to 1 p.m.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Paddle Tennis (ages 50+)

Mondays, Tuesdays and Thursdays, 7:30 to 9:30 a.m.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Hot to Trot Walking Club (ages 50+)

Monday through Friday, 6 to 7:30 a.m. Walking track is inside climate-controlled gymnasium.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Shuffleboard (ages 50+)

Last Thursday of each month, 9 to 11 a.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Low Impact Aerobics (ages 16+)

Mondays and Wednesdays, 6 to 7 p.m.

Fee: \$15 per month

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Pickle Ball (ages 50+)

Tuesdays and Thursdays, 7:30 to 11 a.m.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Bring tennis shoes. All equipment supplied.

Outreach Sports (ages 6-11)

Fees: vary; most are free.

Citywide Youth Sports, 3074 Arville Street, (702) 229-1646.

Fun and safe recreation for children. Scheduled sports include tennis, kickball, martial arts, cheerleading, whiffle ball, war ball, soccer, basketball and flag football. Locations and times vary. Call for information.

Winter Adult Flag Football League

Sundays, beginning February 12. Registration through January 27.

Fee: \$200 per team, plus \$33 officials' fees per team.

Play at All-American Park (Oakley & Buffalo) and/or Ed Fountain park (Vegas Drive at Decatur)

Register at Municipal Sports Office, 1020 E. St. Louis, (702) 229-1529.

Adult Inspirational Church Basketball League

Saturdays, 10:30 a.m. to 12:30 p.m. Registration opens January 28.

Fee: \$250 per team.

Gibson Community School, 3990 W. Washington Avenue, (702) 229-5096.

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